Creighton Uterine Fibroid Clinic
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CREIGHTON FIBROID CLINIC

Board certified physicians from the Creighton University Departments of Interventional Radiology and Obstetrics and Gynecology offer a variety of options for the treatment of uterine fibroids.

WHAT ARE UTERINE FIBROIDS?

Do you suffer from:
• Bleeding between periods
• Periods that last longer than a week
• Frequent urination
• Pelvic cramping or pain with periods
• Pressure in the lower abdomen
• Constipation or bloating

These symptoms could be caused by uterine fibroids, which are non-cancerous growths in or on the walls of the uterus. They can range in size from less than an inch to more than six inches in diameter. African-American women and those with a family history are more likely to develop fibroids.

UTERINE FIBROID EMBOLIZATION

UFE is a minimally invasive procedure that blocks the blood supply to the fibroids causing them to shrink.

During the procedure, a thin tube is inserted into a patient’s thigh and guided by X-ray imaging to the uterine artery, where tiny particles are injected to block blood flow.

The many benefits of UFE include:
• Symptom relief without surgery
• Reduced recovery time and complications
• Minimally invasive
• Short hospital stay
• Return to normal activity in 1-2 weeks

UFE is an attractive alternative for patients who wish to avoid surgery. Patients who are ideal for UFE include women who:
• Have symptomatic fibroids
• Want to keep their uterus
• Want only an overnight or outpatient hospital stay
• May not be good candidates for surgery

Most insurance companies cover UFE as a treatment for symptomatic fibroids. Discuss your coverage with your doctor or insurance provider before having the procedure.

SURGICAL TREATMENT OPTIONS

If the team at the Creighton Fibroid Clinic determines that UFE is not right for you, the Creighton Women’s Health Center offers a variety of therapies including:
• Medical management with therapies such as IUD
• Endometrial Ablation – A minimally invasive procedure designed to destroy the uterine lining of women who have heavy menses because of small fibroids
• Myomectomy – Surgical removal of the fibroids while retaining the uterus
• Hysteroscopic resection – A minimally invasive procedure to remove small fibroids within the uterus without making incisions
• Hysterectomy – Removal of the uterus with or without the ovaries