# HM 09 Months Established and New

## Current State

### Developmental Milestones

#### Developmental, 9 months

<table>
<thead>
<tr>
<th>Reason for Assessment</th>
<th>□ Health Care Maintenance</th>
<th>□ Parental Concern</th>
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<tr>
<td>Social - Parent Report</td>
<td>□ Feed Self</td>
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## New Changes

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<td>Say 1-2 Words</td>
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Results of Assessment:

- Screening Tools Used:
  - None
  - Denver I
  - PEDS

Assessment Conclusion:

- Development Appears Normal
- Development Raises Concerns
## HM 09 Months Established and New

### Current State

#### Physical Exam

##### Constitutional (Brief)
- Alert
- Well Nourished
- Healthy Appearing
- No Acute Distress
- Well Developed
- Normal Voice/Communication

##### Head and Face (Brief)
- Normal Appearance
- Normal Salivary Glands
- Normal Facial Strength
- No Sinus Tenderness
- Normal Nasal Mucosa/Sep Tus
- No Scars

##### Eyes (Brief)
- Normal Sclera/Conjunctiva
- Normal Optic Discs
- No Strabismus
- Normal Retina

##### ENT (Brief) Female
- Normal Outer Ear/Nose
- Normal Noise
- Normal Mucosa/Sep Tus
- Normal Lip/Gen
- Normal Oropharynx

##### Neck (Brief)
- Normal Appearance
- No Neck Mass
- Thyroid Not Enlarged
- Suppo
- No JVC
- No Caroli Bruit

##### Cardiac (Brief)
- Normal PMI
- Normal Rate/Rhythm
- No Murmurs
- No Gallops
- No Pitting Edema

### New Changes

#### Physical Exam

##### Constitutional (Brief)
- Alert
- Well Nourished
- Healthy Appearing
- No Acute Distress
- Well Developed
- Normal Voice/Communication

##### Head and Face (Brief)
- Normal Appearance
- Normal Salivary Glands
- Normal Facial Strength
- No Sinus Tenderness
- Normal Nasal Mucosa/Sep Tus
- No Scars

##### Eyes (Brief) 6 months
- Red Reflex Symmetric
- Appearance of Eyes and Eyelids:
  - Normal Pupillary Response Normal
  - Normal Shape and Size of Eyes
  - Misalignment of Eyes
  - Rhinorrhea, Tearing
  - Erythema
  - Eyelids Normal

##### ENT (Brief) Female
- Normal Outer Ear/Nose
- No Sinus Tenderness
- Normal Oropharynx
- Normal TM
- Normal Nasal Mucosa/Sep Tus
- Normal Lip/Gen
### Current State

#### Pulmonary/Chest (Brief)
- **No Resp Distress**
- **Normal Respiration and Effort**
- **Normal Chest**
- **No Acc. Muscle Use**
- **Normal Breathing Sounds**
- **No Asymmetry**
- **Normal Palpation**
- **Normal to Percussion**
- **Normal Chest Expansion**

#### Breasts (Brief)
- **Breasts**
  - **Normal Appearance**
  - **No Masses**
  - **No Nipple Discharge**

#### Abdomen (Brief)
- **Abdomen**
  - **Normal Bowel Sounds**
  - **Soft**
  - **No Masses**
  - **No HSM**
  - **No Hernias**

#### Rectal (Brief)
- **Rectal**
  - **Normal Rectal Tone**
  - **No Rectal Mass**
  - **V. In. Internal Hemorrhoid**
  - **Y. In. Occult Blood Positive**
  - **Y. In. Occult Blood Negative**

#### GU Female (Brief)
- **Genitourinary**
  - **Normal External Genitalia**
  - **Normal Vagina**
  - **Normal Uterus**
  - **Normal Adnexa**
  - **Normal Urethra**
  - **Normal Cervix**

### New Changes

#### Neck (Brief)
- **Neck**
  - **Normal Appearance**
  - **No Neck Mass**
  - **Thyroid Not Enlarged**
  - **Soft**

#### Cardiac (Brief)
- **Cardiac**
  - **Normal Rhythm and Effort**
  - **Normal Breath Sounds**
  - **Peripheral Pulsation Normal**
  - **No Murmurs**
  - **No Gallbladder**
  - **No Pitting Edema**

#### Pulmonary/Chest Brief
- **Pulmonary/Chest**
  - **No Resp Distress**
  - **Normal Respiration and Effort**
  - **Normal Breathing Sounds**
  - **Normal Chest Expansion**
  - **Normal Palpation**
  - **Normal to Percussion**
  - **Normal Chest**

#### Abdomen (Brief)
- **Abdomen**
  - **Normal Bowel Sounds**
  - **Not Tender**
  - **No Masses**
  - **No HSM**
  - **No Hernias**

#### GU Female (Brief)
- **Genitourinary**
  - **Normal External Genitalia**
  - **Normal Urethra**
  - **Normal Bladder**

#### Musculoskeletal Female (Brief)
- **Musculoskeletal**
  - **Normal Gait**
  - **No Claudication, Calf Pain**
  - **No Joint Instability**
  - **No Limp**
  - **Normal ROM at Extremities**
  - **Normal Strength/Tone**

#### Musculoskeletal (Brief)
- **Musculoskeletal**
  - **No Clubbing, Cyanosis**
  - **No Joint Swelling**
  - **No Joint Instability**
  - **Y. In. Normal Hip Rotation**
  - **V. In. Normal Hip Rotation**
  - **No Invol. Movements**
  - **No Limp**
## Current State

### Skin (Brief)
- Normal Color / Pigmentation
- Normal Turgor
- No Rash
- No Skin Lesions

### Lymphatics (Brief)
- Normal Post Cervical Nodes
- Normal Ant Cervical Nodes
- Normal Supraclavicular Nodes
- Normal Axillary Nodes
- Normal Femoral Nodes
- Normal Inguinal Nodes

### Neuro (Brief)
- Cranial Nerves Intact
- No Sensory Deficits
- No Motor Deficits
- Normal Reflexes
- No Involuntary Movements

### Psychiatric (Brief)
- Oriented
- Normal Insight / Judgment
- Normal Affect
- Normal Mood
- Recent Memory Normal
- Remote Memory Normal

## New Changes

### Skin (Brief)
- Normal Color / Pigmentation
- Normal Turgor
- No Rash
- No Skin Lesions / Injuries / Abscesses / Cysts

### Lymphatics (Brief)
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