### HM 04 Years Established and New

#### Current State

<table>
<thead>
<tr>
<th>Developmental Milestones</th>
<th>Developmental, 4 years</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Reason for Assessment:</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>□ Health Care Maintenance</td>
</tr>
<tr>
<td></td>
<td>□ Parental Concern</td>
</tr>
<tr>
<td></td>
<td>□ Clinician Concern</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Personal-Social:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Social - Parent Report:</strong></td>
<td></td>
</tr>
<tr>
<td>□ Wash and Dry Hands</td>
<td>□ Dress with Help</td>
</tr>
<tr>
<td>□ Put on a T-Shirt</td>
<td>□ Prepare Cereal</td>
</tr>
<tr>
<td>□ Brush Teeth with Brush</td>
<td>□ Protect Younger Kids</td>
</tr>
<tr>
<td>□ Play Board/Card Games</td>
<td>□ Sing a Song</td>
</tr>
<tr>
<td><strong>Social - Clinician Observed:</strong></td>
<td></td>
</tr>
<tr>
<td>□ Name of a Friend</td>
<td>□ Dress with Help</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Gross Motor:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Gross Motor - Parent Report:</strong></td>
<td></td>
</tr>
<tr>
<td>□ Skip or Running Broad Jump</td>
<td>□ Pump Self on Swing</td>
</tr>
<tr>
<td><strong>Gross Motor - Clinician Observed:</strong></td>
<td></td>
</tr>
<tr>
<td>□ Broad Jump</td>
<td>□ Hop</td>
</tr>
<tr>
<td>□ Balance 1 Foot 2+ Sacks</td>
<td>□ Walk Heel-To-Toe</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Fine Motor:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fine Motor - Parent Report:</strong></td>
<td></td>
</tr>
<tr>
<td>□ Cut with Scissors</td>
<td>□ Draw Recognizable Pictures</td>
</tr>
<tr>
<td>□ Print First Name (4 Letters)</td>
<td></td>
</tr>
<tr>
<td><strong>Fine Motor - Clinician Observed:</strong></td>
<td></td>
</tr>
<tr>
<td>□ Build Tower 8 Cubes</td>
<td>□ Draw Complete Circle</td>
</tr>
<tr>
<td>□ Draw Vertical Line</td>
<td>□ Pick Longer Line</td>
</tr>
<tr>
<td>□ Write Thumb</td>
<td>□ Copy Square</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Language:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Language - Parent Report:</strong></td>
<td></td>
</tr>
<tr>
<td>□ 10+ Word Sentences</td>
<td>□ Count 10+ Objects</td>
</tr>
<tr>
<td>□ Follow 3 Simple Instructions</td>
<td>□ Read 6+ Letters</td>
</tr>
<tr>
<td><strong>Language - Clinician Observed:</strong></td>
<td></td>
</tr>
<tr>
<td>□ Speak Clearly all the Time</td>
<td>□ Name 1+ Colors</td>
</tr>
<tr>
<td>□ Know 3 Colors</td>
<td>□ Count 1+ Blocks</td>
</tr>
<tr>
<td>□ Know 3 Adjectives</td>
<td>□ Understanding 3 Prepositions</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Results of Assessment:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Screening Tool Used:</strong></td>
<td></td>
</tr>
<tr>
<td>%</td>
<td>□ Brief</td>
</tr>
<tr>
<td>□ ASQ</td>
<td>□ Denver II</td>
</tr>
<tr>
<td>□ Peds</td>
<td></td>
</tr>
<tr>
<td><strong>Assessment Conclusion:</strong></td>
<td></td>
</tr>
<tr>
<td>□ Development Appears Normal</td>
<td>□ Development Raises Concerns</td>
</tr>
</tbody>
</table>
## HM 04 Years Established and New

### Current State

#### Physical Exam

**Constitutional (Brief)**

- Alert
- Well Nourished
- Healthy Appearing
- Normal Voice/Communication

**Head and Face (Brief)**

- Normal Appearance
- No Sinus Tenderness
- No Occipital Tenderness
- No Neck Mass
- Thyroid Not Enlarged

**Eyes (Brief)**

- Normal Pupil
- No Strabismus
- Normal Retina

**ENT (Brief) Female**

- Normal Outer Ear/Nostrils
- Normal Nose
- Normal Nasal Mucosa/Sepult
- Normal Oropharynx

**Neck (Brief)**

- Normal Appearance
- No Neck Mass
- Thyroid Not Enlarged

**Cardiac (Brief)**

- Normal Pupil
- No Strabismus

### New Changes

#### Physical Exam

**Constitutional (Brief)**

- Alert
- Well Nourished
- Healthy Appearing
- Acute Distress

**Head and Face (Brief)**

- Normal Appearance
- No Sinus Tenderness
- No Occipital Tenderness
- No Neck Mass
- Thyroid Not Enlarged

**Eyes (Brief) 30 months**

- Red Reflex Symmetric
- Pupillary Response Normal
- Normal Shape and Size of Eyes
- Alignment of Eyes
- Redness, Tearing
- Mystagmus
- Eyelids Normal

**ENT (Brief) Female**

- Normal Outer Ear/Nostrils
- No Sinus Tenderness
- Normal Nose
- Normal Nasal Mucosa/Sepult
- Normal Oropharynx
### Current State

#### Pulmonary/Chest (Brief)
- **Diaphragm**
  - No Reel Distress
  - Normal Rate/Rhythm
  - Normal Chest Expansion

#### Breasts (Brief)
- **Breasts**
  - Normal Appearance
  - No Masses
  - No nipple discharge

#### Abdomen (Brief)
- **Abdomen**
  - Normal Bowel Sounds
  - Soft
  - No Masses
  - No Hernia

#### Rectal (Brief)
- **Rectal**
  - Normal Rectal tone
  - Internal Hemorrhoid
  - Occult Blood Positive

#### GU Female (Brief)
- **Genitourinary**
  - Normal External Genitalia
  - Normal Vagina
  - Normal Urinary

#### Musculoskeletal Female (Brief)
- **Musculoskeletal**
  - Normal Gait
  - Normal ROM at Extremities
  - Normal Strength/Tone

### New Changes

#### Neck (Brief)
- **Neck**
  - Normal Appearance
  - No Neck Mass
  - Thyroid not enlarged

#### Cardiac (Brief)
- **Cardiac**
  - Normal Rate/Rhythm
  - Normal S1, S2
  - No Murmurs

#### Pulmonary-Chest Brief
- **Pulmonary/Chest**
  - No Reel Distress
  - Normal Rate/Rhythm
  - Normal Chest Expansion

#### Abdomen (Brief)
- **Abdomen**
  - Normal Bowel Sounds
  - Not Tender
  - Mass (cm)

#### GU Female (Brief)
- **Genitourinary**
  - Normal External Genitalia
  - Normal Uterus

#### Musculoskeletal Female (Brief)
- **Musculoskeletal**
  - Normal Gait
  - Normal ROM and Joint Stability at Extremities
  - Normal Strength/Tone
## Current State

### Skin (Brief)
- Skin
  - Normal Color / Pigmentation
  - No Rash
  - No Skin Lesions

### Lymphatics (Brief)
- Lymph Nodes
  - Normal Neck Cervical Nodes
  - Normal Axillary Nodes
  - Normal Femoral Nodes
  - Normal Inguinal Nodes

### Neuro (Brief)
- Neurological
  - Cerebral Nerves Intact
  - No Sensory Deficits
  - No Motor Deficits

### Psychiatric (Brief)
- Psychiatric
  - Depressed x 0
  - Normal Affect
  - Recent Memory Normal
  - Normal Mood
  - Remote Memory Normal

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