<table>
<thead>
<tr>
<th>HM 50+ Years Established and New</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current State</td>
</tr>
</tbody>
</table>

### Physical Exam

#### Constitutional (Brief)
- **Constitutional**
  - [ ] Alert
  - [ ] Well Nourished
  - [ ] Healthy
  - [ ] No Acute Distress
  - [ ] Well Developed
  - [ ] Normal Voice/Communication

#### Head and Face (Brief)
- **Head and Face**
  - [ ] Normal Appearance
  - [ ] Normal Salivary Glands
  - [ ] No Sinus Tenderness
  - [ ] Normal Facial Strength

#### Eyes (Brief)
- **Eyes**
  - [ ] Normal Sclera/Conjunctiva
  - [ ] PERRLA
  - [ ] No Strabismus
  - [ ] Normal Optic Discs
  - [ ] Normal Retina

#### ENT (Brief) Female
- **ENT**
  - [ ] Normal Outer Ear/Noisy
  - [ ] Normal TM/normal
  - [ ] Normal Nasal Mucosa/Septum
  - [ ] Normal Oropharynx

#### Neck (Brief)
- **Neck**
  - [ ] Normal Appearance
  - [ ] No Neck Mass
  - [ ] Thyroid Not Enlarged
  - [ ] No Cervical Bruit

#### Cardiac (Brief)
- **Cardiac**
  - [ ] Normal PM
  - [ ] Normal 1st, 2nd
  - [ ] No Murmure
  - [ ] No Pitting Edema

### New Changes

#### Physical Exam

#### Constitutional (Brief)
- **Constitutional**
  - [ ] Alert
  - [ ] Well Nourished
  - [ ] Healthy
  - [ ] No Acute Distress
  - [ ] Well Developed
  - [ ] Normal Voice/Communication

#### Head and Face (Brief)
- **Head and Face**
  - [ ] Normal Appearance
  - [ ] Normal Facial Strength
  - [ ] Normal Scalp and Hair
  - [ ] No Sinus Tenderness
  - [ ] Normal Facial Strength

#### Eyes (Brief)
- **Eyes**
  - [ ] Normal Sclera/Conjunctiva
  - [ ] PERRLA
  - [ ] No Strabismus
  - [ ] Normal Optic Discs
  - [ ] Normal Retina

#### ENT (Brief) Female
- **ENT**
  - [ ] Normal Outer Ear/Noisy
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#### Neck (Brief)
- **Neck**
  - [ ] Normal Appearance
  - [ ] No Neck Mass
  - [ ] Thyroid Not Enlarged
  - [ ] No Cervical Bruit

#### Cardiac (Brief)
- **Cardiac**
  - [ ] Normal PM
  - [ ] Normal 1st, 2nd
  - [ ] No Murmure
  - [ ] No Pitting Edema
<table>
<thead>
<tr>
<th>Current State</th>
<th>New Changes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Pulmonary/Chest (Brief)</strong></td>
<td><strong>Cardiac (Brief)</strong></td>
</tr>
<tr>
<td>- No Resp Distress</td>
<td>- Normal Rhythm</td>
</tr>
<tr>
<td>- Normal Rhythm and Effort</td>
<td>- No Murmurs</td>
</tr>
<tr>
<td>- Normal Chest</td>
<td>- Normal S1, S2</td>
</tr>
<tr>
<td>- No Aus. Muscle Use</td>
<td>- No Splast</td>
</tr>
<tr>
<td>- Normal Breach Sounds</td>
<td>- No Gallbladder</td>
</tr>
<tr>
<td>- Normal Percussion</td>
<td>- No Pitting Edema</td>
</tr>
<tr>
<td>- Normal Chest Expansion</td>
<td>- Peripheral Pulse Normal</td>
</tr>
<tr>
<td><strong>Breasts (Brief)</strong></td>
<td><strong>Breasts</strong></td>
</tr>
<tr>
<td>- Normal Appearance</td>
<td>- Normal Appearance</td>
</tr>
<tr>
<td>- No Masses</td>
<td>- No Masses</td>
</tr>
<tr>
<td>- No Nipple Discharge</td>
<td>- Patient Declined</td>
</tr>
<tr>
<td><strong>Abdomen (Brief)</strong></td>
<td><strong>Abdomen (Brief)</strong></td>
</tr>
<tr>
<td>- Normal Bowel Sounds</td>
<td>- Not Tender</td>
</tr>
<tr>
<td>- Soft</td>
<td>- Not HSM</td>
</tr>
<tr>
<td>- No Masses</td>
<td>- No HEM</td>
</tr>
<tr>
<td>- No Hernias</td>
<td>- No Hernias</td>
</tr>
<tr>
<td><strong>Rectal (Brief)</strong></td>
<td><strong>Rectal (Brief)</strong></td>
</tr>
<tr>
<td>- Normal Rectum</td>
<td>- Normal Rectum</td>
</tr>
<tr>
<td>- Normal Perineal Area</td>
<td>- Y/N Incontinence</td>
</tr>
<tr>
<td>- Y/N Internal Hemorrhoid</td>
<td>- Y/N External Hemorrhoid</td>
</tr>
<tr>
<td>- Y/N Occult Blood Positive</td>
<td>- Y/N Gross Blood</td>
</tr>
<tr>
<td>- Patient Refused</td>
<td>- Patient Declined</td>
</tr>
<tr>
<td><strong>GU Female (Brief)</strong></td>
<td><strong>GU Female (Brief)</strong></td>
</tr>
<tr>
<td>- Normal External Genitalia</td>
<td>- Normal Urine</td>
</tr>
<tr>
<td>- Normal Urethra</td>
<td>- Normal Adnexa</td>
</tr>
<tr>
<td>- Normal Bladder</td>
<td>- Normal Adnexa</td>
</tr>
<tr>
<td><strong>Musculoskeletal Female (Brief)</strong></td>
<td><strong>Musculoskeletal</strong></td>
</tr>
<tr>
<td>- Normal Ext.</td>
<td>- Normal Patellar Instability</td>
</tr>
<tr>
<td>- No Clubbing, Cyanosis</td>
<td>- Normal RCM and Joint Stability at Extremities</td>
</tr>
<tr>
<td>- No Joint Swelling</td>
<td>- Normal Strength/Tone</td>
</tr>
<tr>
<td>- Y/N Clubbing</td>
<td>- Y/N Cyanosis</td>
</tr>
</tbody>
</table>
### Current State

**Skin (Brief)**
- **Skin**
  - Normal Color / Pigmentation
  - No Rash
  - No Skin Lesions

**Lymphatics (Brief)**
- **Lymphatic**
  - Normal Post Cervical Nodes
  - Normal Supraclavicular Nodes
  - Normal Axillary Nodes
  - Normal Inguinal Nodes

**Neuro (Brief)**
- **Neurological**
  - Cranial Nerves Intact
  - No Sensory Deficits
  - No Motor Deficits
  - Normal Reflexes

**Psychiatric (Brief)**
- **Psychiatric**
  - Oriented × 3
  - Normal Affect
  - Recent Memory Normal
  - Normal Insight/Judgment
  - Normal Mood
  - Remote Memory Normal

### New Changes

**Skin (Brief)**
- **Skin**
  - Normal Color / Pigmentation
  - No Rash
  - No Skin Lesions

**Lymphatics (Brief)**
- **Lymphatic**
  - Normal Post Cervical Nodes
  - Normal Supraclavicular Nodes
  - Normal Axillary Nodes
  - Normal Inguinal Nodes

**Neuro (Brief)**
- **Neurological**
  - Cranial Nerves Intact
  - No Sensory Deficits
  - No Motor Deficits
  - Normal Reflexes

**Psychiatric (Brief)**
- **Psychiatric**
  - Oriented × 3
  - Normal Mood and Affect
  - Recent Memory Normal
  - Normal Insight/Judgment
  - Normal Speech
  - Mini-Mental Status Normal
  - Remote Memory Normal
  - Normal Thought Processes
## Geriatric Screening

### Geriatric Assessment

- **Difficulty seeing, even with glasses?**
- **Difficulty hearing?**
- **Have you fallen 2 or more times in the last 12 months?**
- **Have you been afraid of falling because of balance or walking problems?**
- **Have you been bothered by memory problems?**
- **Have you lost weight in the last year?**
- **Difficulties with finances?**
- **Difficulties remembering appointments?**

Do you have difficulty:

- **Kneeling**
- **Writing**
- **Bending**
- **Grasping small objects**
- **Stooping**
- **Lifting your arms above the shoulder**
- **Walking 1/4 of a mile**

### Geriatric Basic ADLs

<table>
<thead>
<tr>
<th>Basic ADLs</th>
<th>No Problems</th>
<th>Some Problems</th>
<th>Unable</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bathing</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dressing</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Toileting</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Maintaining Confine</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grooming</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Feeding</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Transferring</td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>
### Current State

**Geriatric Instrumental ADLs**

<table>
<thead>
<tr>
<th>Intermediate ADLs</th>
<th>No Problems</th>
<th>Some Problems</th>
<th>Unable</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shopping for Groceries</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Driving or using Public Transportation</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Using Telephone</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Doing Housework</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Doing Home Repair</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Preparing Meals</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Doing Laundry</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Taking Medications</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Handling Finances</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
</tbody>
</table>

### New Changes

**Geriatric Review**

**Geriatric Review**

<table>
<thead>
<tr>
<th>Reviewed</th>
<th>Functional Capacity</th>
<th>Fall Risk</th>
<th>Cognition</th>
<th>Mood</th>
<th>Polypharmacy</th>
<th>Social Support</th>
<th>Financial Concerns</th>
<th>Advanced Care Preferences</th>
</tr>
</thead>
<tbody>
<tr>
<td>□</td>
<td></td>
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<td></td>
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</tr>
</tbody>
</table>

**Geriatric Informant Interview**

**Geriatric Informant Review**

- Informant: □ Spouse □ Family Member □ Friend □ Other

- □ Consistent problems with thinking and/or memory?
- □ Problems with judgment?
- □ Repeats stories, questions or statements?
- □ Reduced interests in hobbies/activities?
- □ Trouble learning how to use a tool or appliance?
- □ Forgetting current month or year?
- □ Difficulties with finances?
- □ Difficulties remembering appointments?