Hands-On Surgical Procedures for Primary Care Physicians

Friday, April 1, 2011

Omaha Marriott Regency
10220 Regency Circle
Omaha, Nebraska

DESIGNED FOR:
- Primary Care Physicians
- Nurse Practitioners
- Physician Assistants
- Nurses
- Residents
- Health Science Students

SPONSORED BY:
Creighton University School of Medicine
Department of Family Medicine and
Department of Surgery
Continuing Medical Education Division

INTERACTIVE HANDS-ON SESSIONS
PURPOSE AND OBJECTIVES

**PURPOSE:** This course is designed to offer family physicians the opportunity to learn and practice hands-on procedural skills techniques on various clinical topics including Botox and soft tissue fillers, endometrial biopsy, hemorrhoid banding, skin biopsy techniques, basic fracture care, joint injections, cast and splinting, and advanced suturing techniques.

**OBJECTIVES:** At the end of this workshop, the participant should be able to:

- Explain types, methods and procedures for diagnostic and therapeutic joint injections for the shoulder and wrist
- Describe indications for endometrial biopsy and its role as a helpful tool in diagnosing various uterine abnormalities
- Evaluate punch biopsy as a primary technique to obtain diagnostic, full-thickness skin specimen’s
- Review practical application, methods, materials and preparation in advanced suturing
- Demonstrate standardized endometrial biopsy procedure
- Demonstrate common approaches and techniques of injecting joints
- Practice appropriate casting and splinting techniques
- Demonstrate rubber band ligation in the treatment of hemorrhoidal disease
- Review and practice various techniques of skin closure and repairs
- Demonstrate correct technique of punch biopsy

**SCHEDULE**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session/Activity</th>
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<tbody>
<tr>
<td>7:30 AM</td>
<td>Registration &amp; Continental Breakfast</td>
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<tr>
<td>8:00 AM</td>
<td>Welcome and Program Overview</td>
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<tr>
<td></td>
<td>Sanjeev K. Sharma, MD</td>
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<tr>
<td>8:15 AM</td>
<td><strong>SESSION I: PRESENTATIONS</strong></td>
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<tr>
<td></td>
<td><strong>Joint Injection (Shoulder, Wrist)</strong></td>
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<td></td>
<td>Mark D. Goodman, MD</td>
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<td>Sanjeev K. Sharma, MD</td>
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<tr>
<td>8:45 AM</td>
<td><strong>Endometrial Biopsy</strong></td>
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<td>Jimmy P. Khandalavala, MD, FACOG</td>
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<tr>
<td>9:15 AM</td>
<td><strong>Punch Biopsy &amp; Advanced Suturing</strong></td>
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<td>Samuel Cemaj, MD, MD</td>
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<td>9:45 AM</td>
<td><strong>Break &amp; Visit Exhibits</strong></td>
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<tr>
<td>10:00 AM</td>
<td><strong>SESSION II: HANDS-ON BREAKOUT SESSIONS</strong></td>
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<td><strong>Hands-On Breakout Session I (2 Session Rotation)</strong></td>
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<tr>
<td></td>
<td><strong>Room A – Botox &amp; Soft Tissue Fillers</strong></td>
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<td></td>
<td>Perry J. Johnson, MD</td>
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<td></td>
<td><strong>Room B – Endometrial Biopsy</strong></td>
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<td>Jimmy P. Khandalavala, MD, FACOG</td>
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<td>12:30 PM</td>
<td>Lunch &amp; Visit Exhibits</td>
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<tr>
<td>12:30 PM</td>
<td><strong>Room C – Joint Injection (Shoulder, Wrist)</strong></td>
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<td>Mark D. Goodman, MD</td>
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<td>Sanjeev K. Sharma, MD</td>
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<td>Roger W. Skebelsky, PA-C</td>
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<td>Joseph A. Stangl, PA-C</td>
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<td>1:30 PM</td>
<td><strong>Hands-On Breakout Session II (2 Session Rotation)</strong></td>
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<td><strong>Room A – Botox &amp; Soft Tissue Fillers</strong></td>
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<td>Perry J. Johnson, MD</td>
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<td></td>
<td><strong>Room B – Endometrial Biopsy</strong></td>
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<td>Jimmy P. Khandalavala, MD, FACOG</td>
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<td><strong>Room C – Reduction &amp; Splinting for Fractures</strong></td>
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<td>Thomas J. Connolly, MD</td>
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<td>Daniel C. Dollison, PA-C</td>
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<td>Justin C. Siebler, MD</td>
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<td>3:00 PM</td>
<td>Evaluation &amp; Adjournment</td>
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</tbody>
</table>

**FACULTY**

**COURSE DIRECTORS**

- **Samuel Cemaj, MD, FACS**
  - Assistant Professor of Surgery
  - Director, Trauma/Critical Care Services
  - Department of Surgery
  - Creighton University School of Medicine
  - Omaha, Nebraska

- **Sanjeev K. Sharma, MD**
  - Associate Professor of Family Medicine
  - Department of Family Medicine
  - Creighton University School of Medicine
  - Omaha, Nebraska

**FACULTY**

- **Daniel C. Dollison, PA-C**
  - Physician Assistant
  - Division of Orthopedic Surgery
  - Department of Surgery
  - Creighton University School of Medicine
  - Omaha, Nebraska

- **Mark D. Goodman, MD**
  - Associate Professor and Program Chair
  - Department of Family Medicine
  - Creighton University School of Medicine
  - Omaha, Nebraska

- **Perry J. Johnson, MD**
  - Associate Professor and Residency Director
  - Section of Plastic & Reconstrucuve Surgery
  - Department of Surgery
  - University of Nebraska Medical Center
  - Omaha, Nebraska

- **M. Shashidharan, MD, FRCS, FACS**
  - Assistant Clinical Professor of Surgery
  - Department of Surgery
  - Section of Colon and Rectal Surgery
  - Creighton University School of Medicine
  - Omaha, Nebraska

- **Justin C. Siebler, MD**
  - Assistant Professor of Surgery
  - Division of Orthopedic Surgery
  - Department of Surgery
  - Creighton University School of Medicine
  - Omaha, Nebraska

- **Roger W. Skebelsky, PA-C**
  - Physician Assistant
  - Omaha Emergency Physicians
  - Omaha, Nebraska

- **Joseph A. Stangl, PA-C**
  - Physician Assistant
  - Creighton Medical Associates
  - Family Healthcare
  - Creighton University School of Medicine
  - Omaha, Nebraska

**PLANNING COMMITTEE:**

- Samuel Cemaj, MD, FACS; Sanjeev Sharma, MD; Sally C. O’Neill, PhD;
- Joseph A. Stangl, PA-C; Kate Dosenovich, RN; Cate Pogge, BA

**CME PROGRAM REVIEW COMMITTEE:**

- Mark Malesker, PharmD; Philip Brauer, PhD; Mary Davy, MD;
- Cristina Fernandez, MD; William Hunter, MD; Lee Morrow, MD, MS;
- Sally C. O’Neill, PhD; Meera Varman, MBBS
EDUCATION CREDIT

The Creighton University School of Medicine designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credit(s)™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

AAPA accepts AMA category 1 credit for the PRA from organizations accredited by ACCME.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

This course is approved for 5.75 Contact Hours for Nurses and .57 CEU’s for Iowa Nurses through Iowa Western Community College Iowa Board of Nursing Provider #6.

ACCREDITATION STATEMENT:

The Creighton University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

DISCLOSURE POLICY:

It is the policy of Creighton University School of Medicine, Continuing Medical Education Division, to ensure balance, independence, objectivity and scientific rigor in all its educational activities. All faculty participating in this activity are expected to disclose to the audience any significant financial interest or other relationship he/she has with the manufacturer(s) of any commercial product(s) discussed in an educational presentation.

REGISTRATION

Hands-On Surgical Procedures for Primary Care Physicians

Friday, April 1, 2011

REGISTRATION FEES:

Physicians, Nurse Practitioners, Physician Assistants  $295.00 (after March 18, 2011 @ $350.00)
Nurses, and Other Interested Healthcare Professionals  $75.00 (after March 18, 2011 @ $95.00)
Residents, Health Sciences Students (Letter of verification of resident status must accompany registration)  $45.00 (after March 18, 2011 @ $60.00)

REGISTRATION WILL BE COMPLETE AND CONFIRMATION SENT UPON RECEIPT OF REGISTRATION FEE.

(PLEASE TYPE OR PRINT)

What specific information would you like to receive at the conference?

Do you require any special accommodations (dietary, mobility, hearing, etc.) for the meeting? □ Yes □ No

If yes, please explain:

Are you an alumnus of Creighton University? □ Yes □ No

If yes, from which school did you graduate?

If you have already registered by phone and paid by credit card, it is not necessary to return this form.

This form may be duplicated.
Creighton University School of Medicine presents:

**Hands-On Surgical Procedures for Primary Care Physicians**

**Friday, April 1, 2011 • Omaha Marriott Regency • 10220 Regency Circle • Omaha, Nebraska**

**REGISTRATION:** Includes course materials, continental breakfast, lunch, and breaks. Physicians, Nurse Practitioners, Physician Assistants @ $295.00 (after March 18, 2011 @ $350.00). Nurses and Other Interested Healthcare Professionals @ $75.00 (after March 18, 2011 @ $95.00). Residents and Health Science Students @ $45.00 (after March 18, 2011 at $60.00). (Verification of resident must accompany registration either by phone call or email from appropriate authority).

**CANCELLATION:** Please call 1-800-548-2633 OR (402) 280-5659 by Friday, March 18, 2011. Refund less $25.00 if cancelling by Friday, March 18, 2011. No refund after Friday, March 18, 2011.

**MEETING PLACE:** Omaha Marriott Hotel, 10220 Regency Circle, Omaha, Nebraska. 800-228-9290 or 402-399-9000. [http://www.omahamarriott.com](http://www.omahamarriott.com).

**EMERGENCY PHONE:** (402) 399-9000 – Identify the Creighton Hands-On Surgical Procedures program.

**LODGING:** The Omaha Marriott Regency is offering a rate of $139.00/night plus tax to guests that would like to stay during the meeting. Please reference the Creighton University program to receive the discounted rate. Reservations should be made prior to Friday, March 18, 2011, after this date subject to availability.

**CLIMATE AND DRESS:** Casual dress is encouraged for the entire meeting. Temperature in meeting room fluctuates, therefore layered clothing is suggested.

**A NOTE FOR THOSE WITH SPECIAL NEEDS:** Creighton University School of Medicine wishes to ensure that no individual with special needs is excluded, denied services, segregated or otherwise treated differently from other individuals because of the absence of auxiliary aids and services. If you are in need of auxiliary aids or services, please contact the Continuing Medical Education Division at 1-800-548-2633 or 402-280-1830.

**COURTESY:** For the concentration and comfort of our participants, we ask that all cell phones and pagers be silenced during sessions of the conference. Breaks are provided for your communication convenience. Thank you for your cooperation.

**FOR FURTHER INFORMATION**
Creighton University School of Medicine Continuing Medical Education Division
800-548-CMED or 402-280-1830
E-mail: cmeded@creighton.edu
[http://cme.creighton.edu](http://cme.creighton.edu)

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Please forward to a colleague if unable to attend
In the unlikely event this program is cancelled you will be notified by phone.

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