Psychiatry in Primary Care: An Essential Update

Friday, February 3, 2012

Omaha Marriott Hotel
10220 Regency Circle
Omaha, Nebraska

SPONSORED BY:

Creighton University School of Medicine
Departments of Family Medicine and Psychiatry
Health Sciences Continuing Education
and
Alegent Health Psychiatric Associates

DESIGNED FOR:

- Physicians
- Nurse Practitioners
- Physician Assistants
- Pharmacists
- Nurses
- Mental Health Counselors
- Social Workers
- Public Health Professionals
- Fellows
- Residents
- Students
### Purpose and Objectives

**Purpose:** The conference will provide practitioners with the most recent information that will enhance knowledge, skills, and performance in the assessment and treatment of patients with mental health disorders. It will also review and update the following clinical issues: diagnosing and managing depression, recognition and treatment of dementia, drug interactions and attention deficit and bipolar disorders.

**Objectives:** At the end of this program, the participants should be able to:
- Describe unique perspectives of primary care and psychiatry practitioners in diagnosing depression
- Review diagnostic criteria, symptomatology and other information useful in recognizing and diagnosing depression
- Examine the role culture plays in the expression, presentation and course of mental illness
- Discuss how clinicians can be culturally sensitive when assessing a patient for depression
- Recognize the early cognitive and behavioral symptoms of dementia
- Review medication and cognitive training strategies in the treatment of dementia
- Assess clinical and nonclinical factors related to the prescribing of psychotropic drugs by primary care providers
- Describe major mechanisms by which drugs interact and recognize clinically significant drug interactions
- Describe diagnostic procedures, assessment methods and tools for primary care physicians in the diagnosis of Attention Deficit Disorder (ADHD)
- Discuss the symptomatology and highlights of psychopharmacological treatment of ADHD
- Describe practical strategies for detecting and diagnosing bipolar disorder in the primary care setting
- Recognize that Bipolar Disorder is a depression illness
- Discuss the different pharmacologic options to treat Bipolar Disorder
- Question and discuss current information in the diagnosis and management of mental illness

### Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 AM</td>
<td>Registration, Continental Breakfast &amp; Visit Exhibits</td>
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<tr>
<td>8:30 AM</td>
<td>Welcome &amp; Program Overview</td>
<td>Arun Sharma, MD, MBA, FAPA Sanjeev K. Sharma, MBBS, FRCS Ed, MBA</td>
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<tr>
<td>8:45 AM</td>
<td>Depression – Diagnosis &amp; Treatment: Perspectives from Primary Care and Psychiatry</td>
<td>Arun Sharma, MD, MBA, FAPA Sanjeev K. Sharma, MBBS, FRCS Ed, MBA</td>
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<tr>
<td>9:45 AM</td>
<td>Cross Cultural Issues in Psychiatry</td>
<td>Laeth S. Nasir, MBBS</td>
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<tr>
<td>10:30 AM</td>
<td>Break &amp; Visit Exhibits</td>
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<tr>
<td>10:45 AM</td>
<td>Recognizing &amp; Treating Dementia in the Primary Care Setting</td>
<td>William J. Burke, MD</td>
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<tr>
<td>11:30 AM</td>
<td>Lunch, Networking &amp; Visit Exhibits</td>
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<tr>
<td>12:15 PM</td>
<td>Psychotropic Drug Interactions in the Primary Care Setting</td>
<td>Mark A. Malesker, PharmD</td>
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<tr>
<td>1:00 PM</td>
<td>ADHD – Diagnosis &amp; Treatment by Primary Care Physician</td>
<td>Monica Arora, MD</td>
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<tr>
<td>2:00 PM</td>
<td>Break &amp; Visit Exhibits</td>
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<tr>
<td>2:15 PM</td>
<td>Recognizing &amp; Treating Bipolar Disorders in the Primary Care Setting</td>
<td>P.J. Malin, MD</td>
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<tr>
<td>3:15 PM</td>
<td>Open Discussion With Faculty</td>
<td>Moderator’s: Arun Sharma, MD, MBA, FAPA &amp; Sanjeev K. Sharma, MBBS, FRCS Ed, MBA</td>
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<tr>
<td>3:45 PM</td>
<td>Evaluation &amp; Adjournment</td>
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</tbody>
</table>

### Faculty

**COURSE DIRECTORS**

- Sanjeev K. Sharma, MBBS, FRCS Ed, MBA
  - Associate Professor of Family Medicine
  - Department of Family Medicine
  - Creighton University School of Medicine
  - Omaha, Nebraska

- P.J. Malin, MD
  - Associate Professor of Psychiatry
  - Division of Adult Psychiatry
  - Creighton University School of Medicine
  - Omaha, Nebraska

- Arun Sharma, MD, MBA, FAPA
  - Medical Director, Alegent Behavioral Health
  - Professor of Clinical Psychiatry
  - Creighton University School of Medicine
  - Omaha, Nebraska

**FACULTY**

- Monica Arora, MD
  - Associate Professor of Psychiatry
  - Division of Child and Adolescent Psychiatry
  - Creighton University School of Medicine
  - Omaha, Nebraska

- William J. Burke, MD
  - Anna O. Stake Professor of Psychiatry
  - Vice Chair of Research
  - Director, Psychopharmacology Research Consortium
  - Department of Psychiatry
  - University of Nebraska Medical Center
  - Clinical Professor of Psychiatry
  - Creighton University School of Medicine
  - Omaha, Nebraska

- Mark A. Malesker, PharmD
  - Professor of Pharmacy Practice and Medicine
  - Departments of Pharmacy Practice and Medicine
  - School of Pharmacy and Health Professions
  - Creighton University
  - Omaha, Nebraska

- Laeth S. Nasir, MBBS
  - Professor and Chair
  - Department of Family Medicine
  - Creighton University School of Medicine
  - Omaha, Nebraska

**Planning Committee:**

- Arun Sharma, MD, MBA, FAPA; Sanjeev K. Sharma, MD, FRCS Ed, MBA; P.J. Malin, MD; Sally C. O’Neill, PhD; Cate Pogge, BA; Kate Dosenovich, RN

**HSCE Program Review Committee:**

- Mark A. Malesker, PharmD; Scott C. Di Lorenzo, BA, DDS; Lesa J. Groves, MSN, APRN-CP; Dennis R. Higginbotham, DDS; William J. Hunter, MD; Linda Lazare, PhD, RN; Thomas F. Murray, PhD; Sally C. O’Neill, PhD; Russell Perry, PhD; Amy M. Pick, PharmD
The Creighton University School of Medicine designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

AAPA accepts AMA category 1 credit for the PRA from organizations accredited by ACCME.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

The Creighton University Health Sciences Continuing Education designates this activity for 6.0 contact hours for nurses.

The Psychiatry in Primary Care: An Essential Update is sponsored by Creighton University Health Sciences Continuing Education (HSCE). HSCE is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This activity is assigned Universal Activity (UAN) # 0839-0000-12-006-L04-P and is accredited for 6.0 hours for attendance of all CE sessions on February 3, 2012. The Psychiatry in Primary Care: An Essential Update is a knowledge-based CE activity.

The Board of Mental Health Practice does not approve continuing education offerings, but may accept as continuing education for licensure and certification renewal, learning experiences, provided they are planned and conducted for mental health practitioners and if they are related to mental health practice. For more information visit the Nebraska Department of Health and Human Services website at: http://www.hhs.state.ne.us/crl/mhcs/mental/mentalhealth.htm

**ACCRREDITATION STATEMENT:**

In support of improving patient care, Creighton University Health Sciences Continuing Education is accredited by the American Nurses Credentialing Center (ANCc), the Accreditation Council for Pharmacy Education (ACPE), and the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for the healthcare team.

**PROGRAM REGISTRATION FEES:**

- Physicians, Nurse Practitioners, Physician Assistants, Pharmacists: $125.00 (after January 20, 2012 @ $145.00)
- Nurses, Mental Health Counselors, Social Workers, Public Health Professionals: $85.00 (after January 20, 2012 @ $105.00)
- Fellows, Residents and Students: $40.00 (after January 20, 2012 @ $60.00)

(Letter of verification of resident/student status must accompany registration)

**DON’T MISS OUT – REGISTER ONLINE TODAY AT:**

http://creightonpsychiatry.eventbrite.com

**FOR QUESTIONS OR MORE INFORMATION, PLEASE CALL HEALTH SCIENCES CONTINUING EDUCATION (HSCE) AT 402-280-1830.**

**DISCLOSURE POLICY:**

It is the policy of Creighton University Health Sciences Continuing Education, to ensure balance, independence, objectivity and scientific rigor in all its educational activities. All faculty participating in this activity are expected to disclose to the audience any significant financial interest or other relationship he/she has with the manufacturer(s) of any commercial product(s) discussed in an educational presentation.

**REGISTER TODAY!**

Please forward to a colleague who might be interested in attending.
Psychiatry in Primary Care: An Essential Update

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REGISTRATION: Fee includes course materials, continental breakfast, lunch, and breaks. Physicians, Nurse Practitioners, Physician Assistants, and Pharmacists @ $125.00 (after Friday, January 20, 2012 @ 145.00). Nurses, Mental Health Counselors, Social Workers, and Public Health Professionals @ $85.00 (after Friday, January 20, 2012 @ $105.00). Fellows, Residents, and Students @ $40.00 (after Friday, January 20, 2012 @ $60.00). *Letter of verification of resident or student status is required to accompany registration.


EMERGENCY PHONE: (402) 399-9000. Ask for the Creighton HSCE Program.

For more information or to register on-line visit Creighton University Health Sciences Continuing Education website: http://cme.creighton.edu


MEETING DIRECTIONS: From Eppley Airfield: Abbott Drive South (left) to Downtown area. West (right) on Dodge Street to Regency Parkway exit. Turn left at first light; turn left at the next light (under Dodge Street). Turn right at split in road; turn right at Regency Circle. Hotel is on the right.

From I-80: I-680 North to Dodge Street East. Exit Regency Parkway; turn left at first light. Turn right at Regency Circle. Hotel is on the right.

LODGING: The Omaha Marriott Regency is offering a rate of $129.00/night plus tax to guests who would like to stay during the meeting. Please reference the Creighton University program to receive the discounted rate. Reservations should be made prior to January 20, 2012, after this date subject to availability. Or visit www.visitomaha.com for a list of hotels in the area.

CLIMATE AND DRESS: Casual dress is encouraged for the entire meeting. Temperature in meeting rooms can fluctuate. Layered clothing is suggested.

A NOTE FOR THOSE WITH SPECIAL NEEDS: Creighton University Health Sciences Continuing Education (HSCE) wishes to ensure that no individual with special needs is excluded, denied services, segregated or otherwise treated differently from other individuals because of the absence of auxiliary aids and services. If you are in need of auxiliary aids or services, please contact HSCE at 1-800-548-2653 or 402-280-5659.

COURTESY: For the concentration and comfort of our participants, we ask that all cell phones and pagers be silenced during the conference. Breaks are provided for your communication convenience. Thank you for your cooperation.

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