Psychiatry in Primary Care: An Essential Update

FRIDAY, FEBRUARY 8, 2013

Omaha Marriott Regency
10220 Regency Circle
Omaha, Nebraska

Keynote Speaker:
Daniel R. Willson, M.D., PhD

DESIGNED FOR:
• Physicians
• Nurse Practitioners
• Physician Assistants
• Pharmacists
• Nurses
• Mental Health Counselors
• Social Workers
• Public Health Professionals
• Fellows
• Residents and Students

SPONSORED BY:
Creighton University School of Medicine
Departments of Family Medicine and Psychiatry
Health Sciences Continuing Education
and
Alegent Creighton Health Psychiatric Associates

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PURPOSE AND OBJECTIVES

**Purpose:** The conference will provide practitioners with the most recent information that will enhance knowledge, skills, and performance in the assessment and treatment of patients with mental health disorders. It will also review and update the following clinical issues: diagnosing and managing depression, monitoring and managing antidepressants, Post Traumatic Syndrome Disorder (PTSD), cultural issues, psychosomatic disorders, psychiatric emergencies, dementia and child adolescent psychiatry.

**Objectives:** At the end of this program, the participants should be able to:
- Describe the unique perspective of the primary care practitioner in diagnosing depression
- Review diagnostic criteria, symptomatology and other information useful in recognizing and diagnosing depression
- Describe the clinical assessment and diagnosis of unipolar depression and the continuity and monitoring of antidepressant treatment at the patient level in primary care
- Illustrate clinical case studies in depression
- Describe the epidemiology, pathophysiology, clinical manifestations, diagnosis and treatment of Post Traumatic Stress Disorder (PTSD)
- Examine the role culture plays in the expression, presentation and course of mental illness
- Discuss how clinicians can be culturally sensitive when assessing a patient for depression
- Identify psychosomatic conditions in which psychological stresses adversely affect physiological functioning and the goals, potentialities and limitations of treatment
- Describe strategies for detecting conditions requiring psychiatric interventions to include suicide risk assessment and the care for patients in situations involving emergency psychiatry
- Recognize the early cognitive and behavioral symptoms of dementia
- Review medication and cognitive training strategies in the treatment of dementia
- Discuss and highlight psychiatry that specializes in the study, diagnosis, treatment and prevention of psychopathological disorders of children and adolescents
- Question and discuss current information in the diagnosis and management of mental illness

EDUCATION CREDIT

The Creighton University School of Medicine designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only credit commensurate with the extent of their participation in this activity.

AAPA accepts AMA category 1 credit for the PRA from organizations accredited by ACCME.

This Live activity, Psychiatry in Primary Care: An Essential Update, with a beginning date of February 8, 2013, has been reviewed and is acceptable for up to 7 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Creighton University Health Sciences Continuing Education designates this activity for 7.0 contact hours for nurses. Nurses should claim only credit commensurate with the extent of their participation in the activity.

The Psychiatry in Primary Care: An Essential Update is sponsored by Creighton University Health Sciences Continuing Education (HSCE). HSCE is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This activity is assigned Universal Activity (UAN) # 0839-0000-13-003-L04-P and is accredited for 7.0 hours for attendance of all CE sessions on February 8, 2013. The Psychiatry in Primary Care: An Essential Update is a knowledge-based CE activity.

The Board of Mental Health Practice does not approve continuing education offerings, but may accept as continuing education for licensure and certification renewal, learning experiences, provided they are planned and conducted for mental health practitioners and if they are related to mental health practice. For more information visit the Nebraska Department of Health and Human Services website at: http://www.hhs.state.ne.us/ehl/mbhc/mental/mentalhealth.htm

SCHEDULE

7:30 a.m.  Registration, Continental Breakfast & Visit Exhibits
8:00 a.m.  Welcome & Program Overview
         Sanjeev K. Sharma, MBBS, FRCS Ed, MBA
8:15 a.m.  Case Presentation and Depression From the Perspective of Primary Care
         Sanjeev K. Sharma, MBBS, FRCS Ed, MBA
8:45 a.m.  Approach to Unipolar Depression: Monitoring and Managing Antidepressants in Primary Care
         Arun Sharma, M.D., MBA, FAPA
9:45 a.m.  Case Discussion and Q&A
         Arun Sharma, M.D., MBA, FAPA
         Sanjeev K. Sharma, MBBS, FRCS Ed, MBA
         Daniel R. Wilson, MD, PhD
10:15 a.m. Break & Visit Exhibits
10:30 a.m. KEYNOTE: Stress on Stress: What’s What With PTSD
          Daniel R. Wilson, M.D., PhD
11:30 a.m. Cross Cultural Issues in Psychiatry
          Laeth S. Nasir, MBBS
12:00 p.m. Lunch, Networking & Visit Exhibits
12:45 p.m. Psychiatric Emergencies Including Suicide Risk Assessment
          Hudson H. T. Hsieh, M.D.
1:45 p.m.  Dementia: Early Diagnosis & Treatment Strategies
          Subhash C. Bhatia, M.D., FACP, DLFAPA
2:30 p.m.  Break & Visit Exhibits
2:45 p.m.  Clinical Pearls in Child and Adolescent Psychiatry Including ADHD & Eating Disorders
          Monica Arora, M.D.
3:45 p.m.  Open Discussion With Faculty
          Moderator: Sanjeev K. Sharma, MBBS, FRCS Ed, MBA
          Monica Arora, M.D.
          Subhash K. Bhatia, M.D., FACP, DLFAPA
          Hudson H. T. Hsieh, M.D.
          Arun Sharma, M.D., MBA, FAPA
          Daniel R. Wilson, M.D., PhD
4:15 p.m.  Evaluation & Adjournment
REGISTRATION

Psychiatry in Primary Care: An Essential Update
Friday, February 8, 2013

Physicians, Nurse Practitioners, Physician Assistants, Pharmacists .................................................. $145.00
Nurses, Mental Health Counselors, Social Workers, Public Health Professionals ........................................ $85.00
Fellows, Residents, and Students ................................................................. $40.00

Letter of verification of resident or student status is required to accompany registration

Fee includes continental breakfast, lunch and breaks.

NEW HANDOUT OPTIONS: Please be advised that handout materials for this conference will not be included in the registration fee and be distributed as paper copies, but rather, made available online ahead of time (to the best extent possible). Participants can download and print the presentations prior to the conference, or follow along on their own laptop during the conference.
- A link will be sent by email a week prior to the Conference to download and print the handouts needed before the event.
- For those needing a traditional handout, they will be available by pre-order at a cost of $15.00. Please pre-order your handout by January 21, 2013. No additional handouts will be available to purchase the day of the conference.

Please note if you require special accommodations (dietary, mobility, hearing, etc) for the meeting, there will be an opportunity to enter them through the online registration.

Walk-Ins are welcome, however seating or conference materials cannot be guaranteed. If registration/handout fee is being paid by check in advance, please make check out to Creighton University and mail to Creighton University HSCE, 601 N 30th St, Ste 2130, Omaha, NE 68131.

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Don’t Miss out – register online today at:

http://2013psychiatry.eventbrite.com

For questions or more information, please call Health Sciences Continuing Education (HSCE) at 402-280-1830.

Scan the QR Code with your smart phone to learn more!

ACCREDITATION STATEMENT: In support of improving patient care, Creighton University Health Sciences Continuing Education is accredited by the American Nurses Credentialing Center (ANCC), the Accreditation Council for Pharmacy Education (ACPE), and the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for the healthcare team.

DISCLOSURE POLICY: It is the policy of Creighton University Health Sciences Continuing Education, to ensure balance, independence, objectivity and scientific rigor in all its educational activities. All faculty participating in this activity are expected to disclose to the audience any significant financial interest or other relationship he/she has with the manufacturer(s) of any commercial product(s) discussed in an educational presentation.
FOR YOUR INFORMATION

EMERGENCY PHONE: (402) 399-9000. Ask for the Creighton HSCE Program.


MEETING DIRECTIONS: From Eppley Airfield: Abbott Drive South (left) to Downtown area. West (right) on Dodge Street to Regency Parkway exit. Turn left at first light; turn left at the next light (under Dodge Street). Turn right at split in road; turn right at Regency Circle. Hotel is on the right. From I-80: I-680 North to Dodge Street East. Exit Regency Parkway; turn left at first light. Turn right at Regency Circle. Hotel is on the right.

LODGING: The Omaha Marriott Regency is offering a rate of $129.00/night plus tax to guests who would like to stay during the meeting. Please reference the Creighton University program to receive the discounted rate. Reservations should be made prior to February 22, 2013, after this date subject to availability. Or visit www.visitomaha.com for a list of hotels in the area.

CLIMATE AND DRESS: Casual dress is encouraged for the entire meeting. Temperature in meeting rooms can fluctuate. Layered clothing is suggested.

A NOTE FOR THOSE WITH SPECIAL NEEDS: Creighton University Health Sciences Continuing Education (HSCE) wishes to ensure that no individual with special needs is excluded, denied services, segregated or otherwise treated differently from other individuals because of the absence of auxiliary aids and services. If you are in need of auxiliary aids or services, please contact HSCE at 1-800-548-2633 or 402-280-5659.

COURTESY: For the concentration and comfort of our participants, we ask that all cell phones and pagers be silenced during the conference. Breaks are provided for your communication convenience. Thank you for your cooperation.

For more information or to register online visit
Creighton University Health Sciences Continuing Education website:
http://cme.creighton.edu

FOR FURTHER INFORMATION
Creighton University
Health Sciences Continuing Education
1-800-548-CMED or 1-402-280-5659
Web Site: http://cme.creighton.edu

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In the unlikely event this program is cancelled, your will be notified by phone.